

MEDEX  
FUTURE

Uncover your genetic secrets for a healthier future.

MEDEXFUTURE

# GENEX TEST

Your personalized path to health and longevity.

## ABOUT US:

**MedExFuture personalizes the future of your health!**

**MedExFuture** is the first and only personalized medicine company in the Middle East and Turkey that combines advanced genetic science with **AI** technology to deliver fully tailored and exclusive services.

We believe every person is unique—so why should their healthcare be generic?

At **MedExFuture**, by precisely analyzing your **DNA**, we create a comprehensive and fully personalized health and lifestyle plan that includes nutrition advice, exercise recommendations, disease prevention, sleep improvement, and even skincare and beauty guidance.

## WHAT IS PERSONALIZED MEDICINE?

Every body is a unique book. We decode your body's secrets to deliver the most effective health solutions. Personalized medicine means creating a completely customized health plan based on your body's unique genetic makeup.

Instead of using general methods, we analyze your **DNA** to understand exactly what your body needs, what it should avoid, and how you can live a healthier, longer life.

## WHY CHOOSE MEDEXFUTURE?

### **Complete Personalization:**

We design a unique and precise plan tailored to each individual.

### **Advanced Technology:**

Using cutting-edge genetic technologies (NGS and WGS), we provide highly accurate analyses.

### **Lifetime Support:**

Your genetic information remains constant—and we'll be with you throughout your journey.

### **Real Results:**

Enjoy a healthier, longer, and higher-quality life.

## OUR MISSION:

**MedExFuture's** mission is to provide you with the tools to make the best health decisions using your genetic information.



## **Your genetic power is the key to a healthier life!**

The Lifestyle Genetic Test is a unique journey into your DNA that helps you understand your body better and make smarter choices for your health and lifestyle.

By thoroughly analyzing your DNA structure and comparing it with similar genetic data, this test provides you with personalized recommendations in key areas such as nutrition, exercise, sleep quality, skin health, and disease prevention.

With this test, you gain lifelong access to a precise and personalized map of your body's needs—empowering you to live a healthier and longer life.

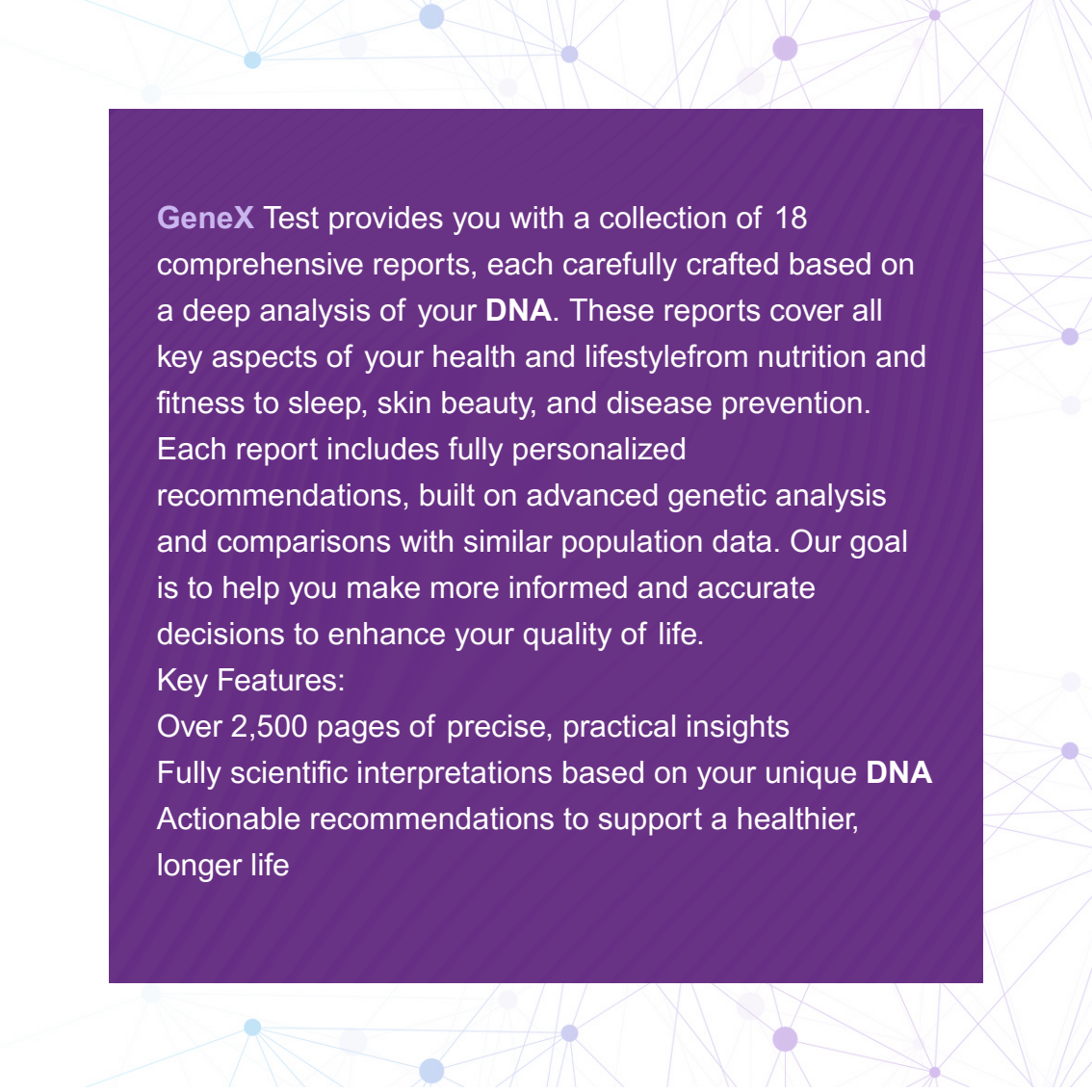
MEDEX  
FUTURE



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# GENEX TEST

COMPREHENSIVE REPORTS,  
JUST FOR YOU

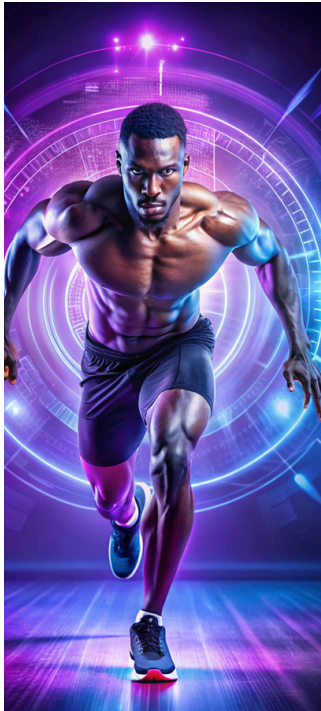


**GeneX** Test provides you with a collection of 18 comprehensive reports, each carefully crafted based on a deep analysis of your **DNA**. These reports cover all key aspects of your health and lifestyle from nutrition and fitness to sleep, skin beauty, and disease prevention. Each report includes fully personalized recommendations, built on advanced genetic analysis and comparisons with similar population data. Our goal is to help you make more informed and accurate decisions to enhance your quality of life.

Key Features:

- Over 2,500 pages of precise, practical insights
- Fully scientific interpretations based on your unique **DNA**
- Actionable recommendations to support a healthier, longer life





### **Fitness & Exercise:**

Maximize your physical performance with personalized workout plans.



### **Skin Health & Beauty:**

Uncover the secrets to glowing skin and discover powerful anti-aging strategies.



### **Nutrition & Diet:**

Discover the foods that have the most beneficial impact on your body.





### **Cardiovascular Health:**

Protect your heart with science-based strategies for long-term wellness.



### **Metabolic Health:**

Optimize your energy levels and weight management based on your unique metabolism.



### **Immunity & Inflammation:**

Strengthen your immune system and reduce inflammation in your body.



### **Fatigue:**

Say goodbye to fatigue and boost your energy levels throughout the day.



### **Sleep Quality:**

Identify the factors affecting your sleep and create a personalized plan for better rest.



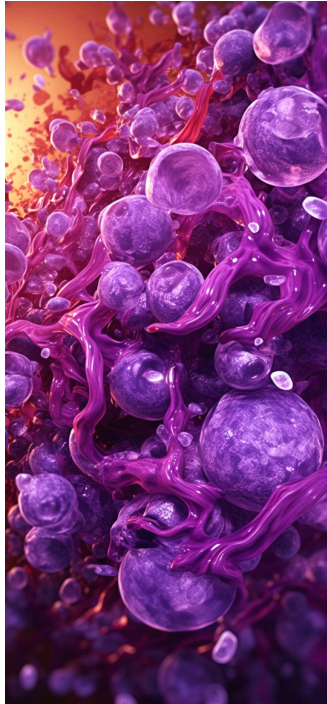
### **Better Sleep & Overall Wellness:**

Experience better sleep to enhance your overall health and well-being.



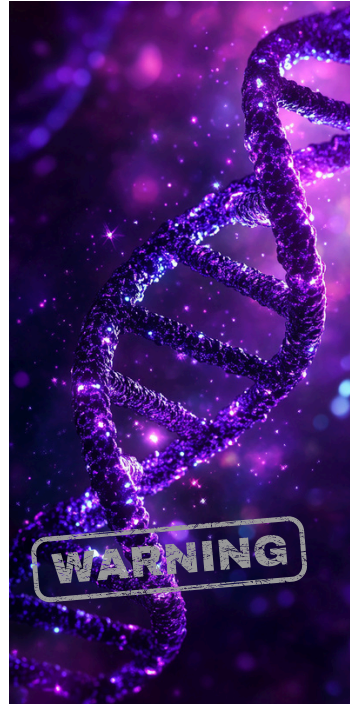
### **Bone, Joint & Muscle Health:**

Protect and strengthen your bones, joints, and muscles for long-term mobility and strength.



### **Hormones:**

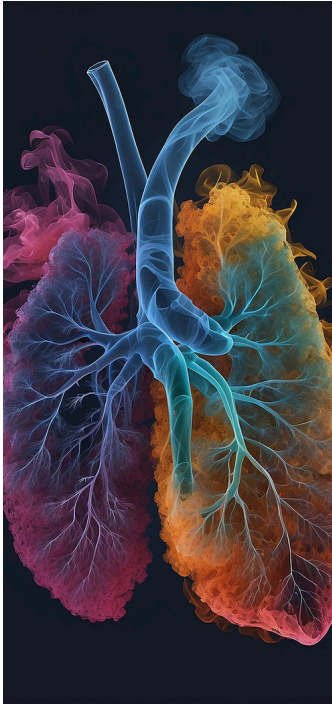
Maintain hormonal balance for a healthier, more energetic life.



### **Multifactorial Diseases:**

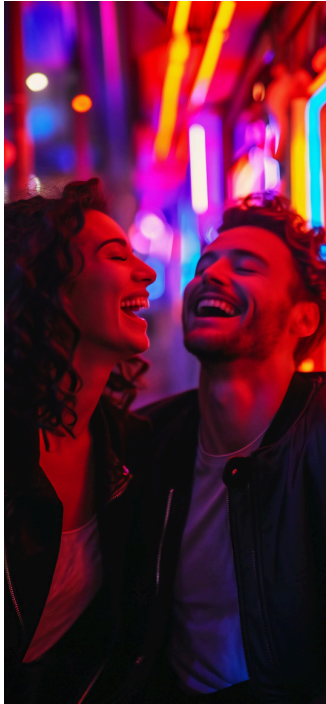
Identify your risk for complex diseases and take proactive steps for prevention.





### **Respiratory Health:**

Enhance your lung capacity for better performance in daily activities.



### **Sexual & Reproductive Health:**

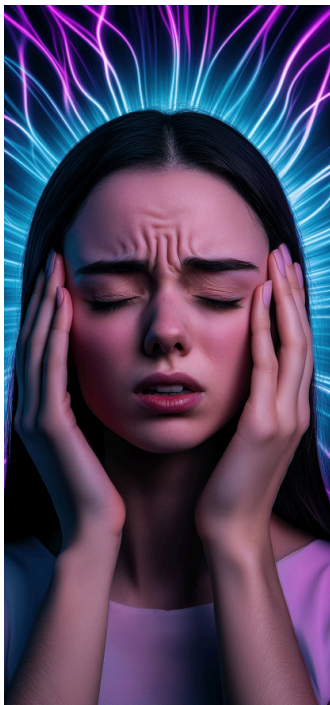
Optimize your sexual health and fertility based on your unique genetics.



### **Personality Insights:**

Understand your personality traits and boost your self-confidence.





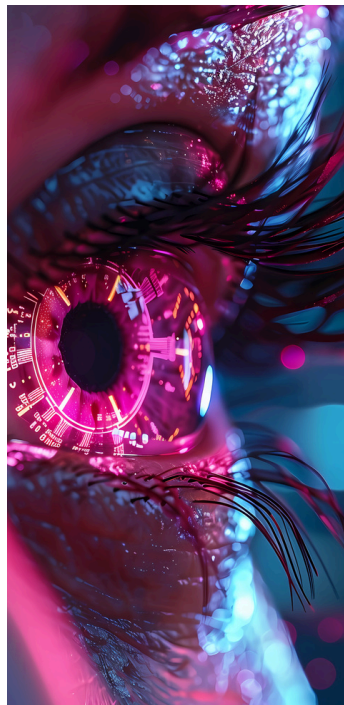
### **Pain & Relief:**

Identify the root causes of chronic pain and receive personalized solutions.



### **Gut Health:**

Maintain a healthy digestive system and support your body's overall balance.



### **Eye & Ear Health:**

Protect your vision and hearing for a higher quality of life.



**Saliva Sample Collection:**  
A simple and non-invasive process.



**Receive Your Reports:**  
Get your full reports  
within 6 to 8 weeks.

How Does the MedExFuture  
Premium Test Work?



**Genetic Analysis:**  
Conducted using advanced  
genetic technologies.

## Attention

This test is designed as a lifestyle tool and is not intended for diagnostic or therapeutic purposes. All results are based on the analysis of your genetic data and comparisons with genetically similar populations.

Please note that this test is not a substitute for medical consultations or disease diagnosis. Its purpose is solely to enhance your lifestyle and help you better understand your body's needs.

For any diagnostic or treatment-related concerns, always consult with a qualified healthcare professional.

*JANUARY* 2025

# EMBRACE YOUTH IN THE FACE OF AGING





The **MedEx** Rejuvenation Service, powered by the most advanced technologies and scientific methods, offers non-invasive and natural solutions for skin and body rejuvenation.

Our approach helps you reverse the signs of aging, restore youthful vitality and energy, and become the best version of yourself—with ease and confidence.

CONTACT OUR CONSULTANTS FOR MORE INFORMATION



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